



# Brentwood Trampoline Club

## News Update



As you will be aware, as a club we make extensive use of the Internet in order to communicate with our members – this will always be our first-choice method since information can be disseminated immediately. As well as by email and the news links on our website, we now also use Facebook since many of our members are habitual users of this service. If you use Facebook please do 'become a fan' of Brentwood Trampoline Club and you can be assured of speedy updates.

Sometimes, though, we need to ensure that some information is passed on in a more assured manner and hence this newsletter to you now.



### Safety

Part of our GymMark commitment is to provide a safe training environment for our members. To ensure this we do need parental cooperation to ensure that members come properly prepared to train, specifically:

- Members should have **no** jewellery on them whilst trampolining. In order to avoid risk of loss it is better if this is left at home;
- Clothing should be appropriate for trampolining rather than fashionable, this means that there should be no belts, buttons or other adornments in any place where they are able to get caught on a trampoline, similarly hoodies are not to be worn on the trampoline lest the hood gets caught in the springs;
- Mobile phones are a distraction from spotting and/or conditioning and should not be used during a session – again, it is preferred that these be left at home to avoid risk of loss (in case of urgent need to get in contact parents can always call Paul or me who will have our phones switched on for such an eventuality – my number is 07712 877310 & Paul's is 07748 807481..

We have also identified that during some sessions we have a larger proportion of younger members than in others – if any parents are willing to become volunteers to keep these youngsters focussed on positive activity and not causing distraction to others' training, they would be most welcome which leads us to:

### Child Protection

Many of you will have read last year that the government has introduced more stringent child protection regulations. At the time many papers rather exaggerated the impact of this suggesting that parents entering into car-sharing or similar agreements would need to undergo checks. This is not the case, but it is required that any person over 16 who is engaged in any activity which supports the club's operations on a regular basis does need to undergo a BG-sponsored CRB check. The club is liable to being fined if it does not enforce this. For this reason, the club has decided that any parents who regularly remain in the training hall and interact with any children other than their own must have a CRB check undertaken.



## Committee

Those of you who were at the AGM will be aware that after many years of sterling service Stephen Nicholls stood down as Chairman. In the near future Andrea Nicholls will also be standing down as Membership Secretary. It is now critical that we get more members involved in committee activity. For most committee roles responsibilities can be accommodated in no more than an hour a week (of course, others require rather more), some simply need to attend meetings once a month which rarely last more than an hour. If you feel you could help in any way at all, please do let us know, it really is quite urgent.

## Competition

As many of you will already be aware, the competition we were due to be hosting on 10<sup>th</sup> January has been postponed to 24<sup>th</sup> January due to the weather around the region. As ever we are always looking for volunteers to help on the evening beforehand and during the day of the competition (i.e. Saturday 23<sup>rd</sup>, 6pm – 8pm and Sunday 24<sup>th</sup>, 10am onwards). We are also proposing to sell home-made cakes on the day so if you and/or your children fancy a little baking any contributions will be most welcomed.



David J Kingaby  
Senior Coach, Welfare & PR Officer  
Brentwood Trampoline Club  
[www.brentwoodtc.org](http://www.brentwoodtc.org)  
dave@brentwoodtc.org